



## URINE CHLAMYDIA, GONORRHOEA, TRICHOMONAS AND MYCOPLASMA PCR

- **The specimen for this test does not have to be the first of the day**
  - **Do not pass urine for at least 1 hour prior to collection**
  - **Female patients should not clean the labial area prior to specimen collection**
1. Wash your hands. If you are female and have vaginal discharge or monthly periods, a tampon should be inserted.
  2. Collect the first 20-30 mL of the urine stream into a yellow top container.
  3. If the collected urine contains blood (specimen has a dark red or brown colour), it should be discarded and not used for chlamydia or gonorrhoea testing.
  4. If a midstream specimen (MSU) for routine culture has also been requested, collect the next 20-30 mL of urine into a second yellow top container. Otherwise, finish passing urine into the toilet.
  5. Replace the lid of the container, making sure it is firmly screwed on.
  6. Ensure the container is labelled with your surname, first name, date of birth, gender, time and date of collection.
  7. Specimen should preferably be refrigerated after collection and returned to the collection centre or doctor's surgery as soon as possible.