



24-HOUR HOLTER MONITOR

Patient instructions

Your appointment is at:

Collection centre: _____

Day: _____ Date: ____ / ____ / ____

Time: _____

Your return appointment is at:

Collection centre: _____

Day: _____ Date: ____ / ____ / ____

Time: _____

The Holter monitor is to be worn for a period of 24 hours.

Pre-test preparation

The device **must not** get wet. We advise that you shower prior to having the device fitted and avoid using body lotions, oils or powders.

For your own comfort, we recommend you wear a loose fitting shirt.

Important note

Mobile phones may be used, however, please ensure you do not carry mobile devices near the Holter monitor, as this may interfere with the reading.

CT or MRI scans cannot be performed whilst wearing the Holter monitor.

Account information

You will receive an account for the Holter monitor. Your out-of-pocket expense after claiming your Medicare rebate will be no more than \$60*.

Pensioners or current healthcare card holders are excluded.

If you require further information, please contact the collection centre where you have booked an appointment.

*correct at time of printing.