



# Semen analysis – Post-vasectomy

Your doctor has requested examination of a semen specimen to determine the outcome of your recent vasectomy. If you have received specific instructions from your doctor relating to specimen collection and transport, please follow those instructions.

## Collection of specimen

*Collection centres and laboratories are not equipped for semen collections. This should take place at home.*

1. Abstain from ejaculation for 2-7 days.
2. Collect the complete ejaculate, by masturbation, into the container provided.
3. If a condom is used to collect the ejaculate, please ensure that it is not made from latex and does not contain a spermicide or lubricant as results may be affected.
4. Ensure the container is labelled with your surname, first name, date of birth, time and date of collection.

5. Mark the container 'Post-vasectomy'.
6. Do not refrigerate.

## Delivery of specimens

1. Ideally, the specimen should be delivered to the nearest laboratory (see overleaf) within 1 hour of collection.
2. If you cannot deliver the specimen directly to the nearest laboratory, it can be taken to a collection centre, but this may cause transport delay and affect the results.



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## Regional laboratories

Location		Phone	Monday-Friday	Saturday
Bathurst	Bathurst Private Hospital, Gormans Hill Road	(02) 6331 2165	Appointment only	Closed
Dubbo	223A Darling Street	(02) 6826 5455	Appointment only	N/A
Gateshead	Lake Macquarie Specialist Medical Centre Ground Floor, 6-8 Sydney Street	(02) 4904 9600	8 am-6 pm	Closed
North Gosford	Suite 2, 12 Jarrett Street	(02) 4337 3555	8 am-4 pm	Appointment only
Mildura	127 Langtree Avenue	(03) 5021 1626	8.30 am-4 pm	Appointment only
Orange	7-9 Dora Street	(02) 6393 9700	Appointment only	N/A
Port Macquarie	87 Lord Street, Port Macquarie	(02) 6589 2900	9 am-5.30 pm	Appointment only
Tamworth	199 Peel Street	(02) 6766 2401	Appointment only	N/A
Taree	1/65 Pulteney Street	(02) 6551 5453	9 am-3.30 pm	Appointment only
Wagga Wagga	St Gerard's Wing, Calvary Hospital, Hardy Avenue	(02) 6932 6700	Appointment only	Appointment only