



Semen analysis – Fertility assessment

Your doctor has requested examination of a semen specimen in order to assess fertility. This examination requires a specimen which has been collected properly and transported rapidly under appropriate conditions. Please follow the instructions below as closely as possible.

Collection of specimen

Collection centres and laboratories are not equipped for semen collections. This should take place at home.

1. Abstain from ejaculation for 2-7 days.
2. Collect the complete ejaculate, by masturbation, into the container provided.
3. If a condom is used to collect the ejaculate, please ensure that it is not made from latex and does not contain a spermicide or lubricant as results may be affected.
4. Ensure the container is labelled with your surname, first name, date of birth, time and date of collection.

5. Mark the container 'Fertility'.
6. Do not refrigerate.

Delivery of specimens

1. Keep the sample at room temperature and deliver it to the nearest laboratory (see overleaf) as soon as possible, ideally within 1 hour of collection. Delayed examination may lead to an invalid result and the need to re-collect.
2. If you cannot deliver the specimen directly to the nearest laboratory, it can be taken to a collection centre, but this may cause transport delay and affect the results.



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Regional laboratories

Location		Phone	Monday-Friday	Saturday
Bathurst	Bathurst Private Hospital, Gormans Hill Road	(02) 6331 2165	Appointment only	Closed
Dubbo	223A Darling Street	(02) 6826 5455	Appointment only	N/A
Gateshead	Lake Macquarie Specialist Medical Centre Ground Floor, 6-8 Sydney Street	(02) 4904 9600	8 am-6 pm	Closed
North Gosford	Suite 2, 12 Jarrett Street	(02) 4337 3555	8 am-4 pm	Appointment only
Mildura	127 Langtree Avenue	(03) 5021 1626	8.30 am-4 pm	Appointment only
Orange	7-9 Dora Street	(02) 6393 9700	Appointment only	N/A
Port Macquarie	87 Lord Street, Port Macquarie	(02) 6589 2900	9 am-5.30 pm	Appointment only
Tamworth	199 Peel Street	(02) 6766 2401	Appointment only	N/A
Taree	1/65 Pulteney Street	(02) 6551 5453	9 am-3.30 pm	Appointment only
Wagga Wagga	St Gerard's Wing, Calvary Hospital, Hardy Avenue	(02) 6932 6700	Appointment only	Appointment only