



Semen analysis – Fertility assessment

Your doctor has requested examination of a semen specimen in order to assess fertility. This examination requires a specimen which has been collected properly and transported rapidly under appropriate conditions. Please follow the instructions below as closely as possible.

Collection of specimen

Collection centres and laboratories are not equipped for semen collections. This should take place at home.

1. Abstain from ejaculation for 2-7 days.
2. Collect the complete ejaculate, by masturbation, into the container provided.
3. If a condom is used to collect the ejaculate, please ensure that it is not made from latex and does not contain a spermicide or lubricant as results may be affected.
4. Ensure the container is labelled with your surname, first name, date of birth, time and date of collection.
5. Mark the container 'Fertility'.
6. Do not refrigerate.

Delivery of specimens

1. Keep the sample at room temperature and deliver it to the nearest laboratory (see overleaf) as soon as possible, ideally within 1 hour of collection. Delayed examination may lead to an invalid result and the need to re-collect.
2. If you cannot deliver the specimen directly to the nearest laboratory, it can be taken to a collection centre, but this may cause transport delay and affect the results.



Semen analysis – Fertility assessment

Metropolitan laboratories

Location		Phone	Monday-Friday	Saturday
Crows Nest	Mater Hospital, Lower Ground Floor, Rocklands Road	(02) 8913 2200	8 am–4 pm	Closed
Kogarah	St George Private Hospital, Suite 1, Level 5, 1 South Street	(02) 9553 2600	9 am–3 pm	8 am–12 noon
Liverpool	Ground Floor, Unit 26, 16–18 Bigge Street	(02) 8778 1999	8.30 am–7 pm	9 am–2 pm
Macquarie Park	14 Giffnock Avenue	(02) 9855 5222	8 am–8 pm	8 am–6 pm
Penrith	31–33 Lawson Street	(02) 4734 6500	8.30 am–5.30 pm	9–11 am
Westmead	Westmead Private Hospital, Ground Floor, Suite 16, Cnr Mons and Darcy Road	(02) 8833 2800	8 am–4 pm	9 am–12 noon