



HUHNER'S TEST - PATIENT INSTRUCTIONS

Your Doctor has requested that a Huhner's test be performed. This test involves the examination of cervical mucus after sexual intercourse to determine whether active spermatozoa are present and able to penetrate the mucus to allow conception.

Please consider the following points to optimise the usefulness of the test:

1. It is important that this test be performed during the MIDCYCLE OVULATORY PHASE. At this point the amount of cervical mucus is maximal and of a watery consistency which allows sperm penetration.
2. **Please make an appointment** at the most convenient collection centre.
3. Urinate before intercourse.
4. As soon as possible after sexual intercourse (ideally within 2 - 3 hours, but overnight is acceptable) please report to the collection centre where the test will be performed. Please do not shower or douche before the specimen is collected.
5. A specimen of cervical mucus is obtained in a procedure which is similar to that for a pap smear. This specimen is then sent to the laboratory for analysis and the results are sent to your Doctor.

Barratt & Smith Pathology

31 Lawson Street, Penrith • NSW 2750 • Australia
Tel (02) 4734 6500 • Fax (02) 4732 2503
Mail Address • PO Box 443 • Penrith • NSW 2751 • Australia

Douglass Hanly Moir Pathology

14 Giffnock Avenue • Macquarie park • NSW 2113 • Australia
Tel 9855 5222 • Fax 9878 5077
Mail Address • Locked Bag 145 • Macquarie Park • NSW 1670 • Australia