



BARRATT & SMITH
PATHOLOGY

"We take it personally"



**DOUGLASS
HANLY MOIR**
PATHOLOGY

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PATIENT INSTRUCTIONS FOR TIMED OVERNIGHT URINE COLLECTIONS

1. Empty bladder into toilet just before going to bed. (Note: this specimen is **not** to be collected into urine container). Record on the container provided, the time and date you passed **this** urine. **This is the starting time** of the test.
2. In the morning empty your bladder completely, collecting all of the urine passed and place it in the container.
3. Record the time and date you passed this urine on the container. **This is the finishing time of the test.**

NOTE: If you need to pass urine during the night, this should also be collected in full and placed in the container.

Barratt & Smith Pathology

31 Lawson Street • Penrith • NSW 2750 • Australia
Tel (02) 4734 6500 • Fax (02) 4732 2503
Mail Address • PO Box 443 • Penrith • NSW 2751 • Australia

Douglass Hanly Moir Pathology

14 Giffnock Avenue • Macquarie Park • NSW 2113 • Australia
Tel 98 555 222 • Fax 9878 5077
Mail Address • Locked Bag 145 • Macquarie Park • NSW 1670 • Australia

5487/D2044 10/07