



PATIENT INSTRUCTIONS FOR SEMEN ANALYSIS

COLLECTION OF SPECIMEN

1. Abstain from ejaculation for 3-4 days.
2. Collect complete ejaculate (by masturbation) into the container provided.
3. Write name, date & time of collection on the container. Also mark the container "Fertility" or "Post-Vasectomy" as the case may be.
4. Do not refrigerate.

DELIVERY OF FERTILITY SPECIMENS

1. Rapid transport of the specimen to the laboratory is essential for accurate results. If possible, you should deliver the specimen to the nearest laboratory (see over) within 1 hour of collection.
2. If you cannot deliver the specimen directly to the laboratory, it can be taken to a collection centre, but this may cause transport delay and affect the results.

DELIVERY OF POST-VASECTOMY SPECIMENS

1. If your doctor has given you instructions concerning the timing of delivery, follow those instructions.
2. Otherwise, please deliver the specimen as soon as possible to the laboratory or collection centre.

Barratt & Smith Pathology

31 Lawson Street, Penrith • NSW 2750 • Australia
Tel (02) 4734 6500 • Fax (02) 4732 2503
Mail Address • PO Box 443 • Penrith • NSW 2751 • Australia

Douglass Hanly Moir Pathology

14 Giffnock Ave • Macquarie Park • NSW 2113 • Australia •
Tel 9855 5222 • Fax 9878 5077
Mail Address • Locked Bag 145 • Macquarie Park • NSW 1670 • Australia

Peripheral Laboratories

Location		Telephone	Weekdays	Saturday
Gateshead	Level 1, 6 – 8 Sydney Street	4904 9600	8.00am – 6.00pm	Weekdays Only
Penrith	31-33 Lawson Street	4734 6500	8.00am – 6.00pm	8.00am – 1pm
Gosford	37 William Street, Gosford	4337 3505	7.30am – 5.30pm	8.00am – 12md
Hawkesbury	Hawksbury District Hospital, Cnr Day and Macquarie Street Windsor	4560 5532	8.00am – 4.00pm	Weekdays Only
Liverpool	Ground floor, 16 – 18 Bigge St Liverpool	8778 1999	8.30am – 7.00pm	9.00am – 2.00pm
Mater	Mater Hospital, Lower Ground Floor, Rocklands Road, Crows Nest	9922 7805	8.00am – 4.00pm	Weekdays Only
Macquarie Park	14 Giffnock Ave, Macquarie Park	9855 5222	8.00am – 8.00pm	8.00am – 6.00pm
St George	Level 2, St George Medical Complex, 1 South Street, Kogarah	9553 9888	9.00am – 3.00pm	8.00am – 12md
Westmead	Westmead Private Hospital, Cnr Mons and Darcy Road, Westmead	9687 1888	8.00am – 4.00pm	9.00am – 12md
Dubbo	223A Darling Street	6826 5454	8.00am – 5.30pm	8.00 – 12md

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