



SEMEN ANALYSIS – FERTILITY ASSESSMENT

Your doctor has requested examination of a semen specimen in order to assess fertility. This examination requires a specimen which has been collected properly and transported rapidly and under appropriate conditions. Please follow the instructions below as closely as possible.

COLLECTION OF SPECIMEN

Collection centres and laboratories are not equipped for semen collections. This should take place at home.

1. Abstain from ejaculation for 2-7 days.
2. Collect complete ejaculate (by masturbation) into the container provided.
3. Label the container with your surname, first name, date of birth, date and time of collection.
4. Mark the container 'Fertility'.
5. Do not refrigerate.

DELIVERY OF SPECIMENS

1. Deliver to the nearest laboratory (see over) as rapidly as possible, ideally within 1 hour of collection. Delayed examination may lead to an invalid result and the need to recollect.
2. If you cannot deliver the specimen directly to the nearest laboratory, it can be taken to a collection centre, but this may cause transport delay and affect the results.



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METROPOLITAN LABORATORIES

LOCATION		TELEPHONE	WEEKDAYS	SATURDAY
Crows Nest	Mater Hospital, Lower Ground Floor, Rocklands Road, Crows Nest	(02) 8913 2200	8am–4pm	Closed
Kogarah	St George Medical Complex, Level 5/Suite 1, 1 South Street, Kogarah	(02) 9553 9888	9am - 3pm	8am–12noon
Liverpool	Ground Floor, Unit 26 / 16–18 Bigge Street, Liverpool	(02) 8778 1999	8.30am–7pm	9am–2pm
Macquarie Park	14 Giffnock Avenue, Macquarie Park	(02) 9855 5222	8am–8pm	8am–6pm
Penrith	31–33 Lawson Street, Penrith	(02) 4734 6500	8.30am–5.30pm	9am–11am
Westmead	Westmead Private Hospital, Ground Floor, Suite 16, Cnr Mons and Darcy Road, Westmead	(02) 8833 2800	8am–4pm	9am–12noon