



## SEMEN ANALYSIS – FERTILITY ASSESSMENT

Your doctor has requested examination of a semen specimen in order to assess fertility. This examination requires a specimen which has been collected properly and transported rapidly and under appropriate conditions. Please follow the instructions below as closely as possible.

### COLLECTION OF SPECIMEN

*Collection centres and laboratories are not equipped for semen collections. This should take place at home.*

1. Abstain from ejaculation for 2-7 days.
2. Collect complete ejaculate (by masturbation) into the container provided.
3. Label the container with your surname, first name, date of birth, date and time of collection.
4. Mark the container 'Fertility'.
5. Do not refrigerate.

### DELIVERY OF SPECIMENS

1. Deliver to the nearest laboratory (see over) as rapidly as possible, ideally within 1 hour of collection. Delayed examination may lead to an invalid result and the need to recollect.
2. If you cannot deliver the specimen directly to the nearest laboratory, it can be taken to a collection centre, but this may cause transport delay and affect the results.



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### METROPOLITAN LABORATORIES

LOCATION		TELEPHONE	WEEKDAYS	SATURDAY
<b>Crows Nest</b>	Mater Hospital, Lower Ground Floor, Rocklands Road, Crows Nest	(02) 8913 2200	8am–4pm	Closed
<b>Kogarah</b>	St George Medical Complex, Level 5/Suite 1, 1 South Street, Kogarah	(02) 9553 9888	9am - 3pm	8am–12noon
<b>Liverpool</b>	Ground Floor, Unit 26 / 16–18 Bigge Street, Liverpool	(02) 8778 1999	8.30am–7pm	9am–2pm
<b>Macquarie Park</b>	14 Giffnock Avenue, Macquarie Park	(02) 9855 5222	8am–8pm	8am–6pm
<b>Penrith</b>	31–33 Lawson Street, Penrith	(02) 4734 6500	8.30am–5.30pm	9am–11am
<b>Westmead</b>	Westmead Private Hospital, Ground Floor, Suite 16, Cnr Mons and Darcy Road, Westmead	(02) 8833 2800	8am–4pm	9am–12noon
<b>Windsor</b>	Hawkesbury District Hospital, Cnr Day and Macquarie Streets, Windsor	(02) 4560 5532	8am–4pm	Closed